

## Dr. Elvira Lindwall

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**Note: This is a TeleVisit not an on-demand visit. Once you login to your appointment you will be placed into a virtual waiting room until Dr. Lindwall finishes with current patients and joins your call. Expect wait times to be similar to visiting the office.**

*Accessing your TeleVisit via a smartphone or iPad.*

1. Download the Healow app via your app store.



**healow** 12+  
eClinicalWorks LLC  
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Free

2. Login to the healow application.
  - a. Practice Code: ICFABD
  - b. Username: Your e-mail address
  - c. Password: Same as your patient portal password
  - d. Use the Forgot Username or Password link in the app if you don't know your patient portal login information.
3. Click Appointments
4. Click on your upcoming appointment
5. Click Start TeleVisit
6. Complete any Vitals you know on the questionnaire. You may leave any or all the information blank
7. You will be placed into the virtual waiting room.

To Install the app if you are viewing this on your smart phone or iPad.

Iphone, iPad (Apple) users click [here](#)

Google Play users click [here](#)